

Background Information Sheet

Client Name: _____ Sex _____ Birthdate _____

Referred by: _____

Problem (s) for which you seek help: _____

Previous Mental Health Services/dates: _____

Background Information:

Childhood/Siblings: _____

Parents: i.e. their personalities and your relationships with them:

Education: _____

Religion: _____

Employer: _____ Position: _____

Marital Status: _____ Name of Spouse _____ Dob _____

Nature of Relationship: _____

Children (ages and sex): _____

Interests and Recreational Pursuits: _____

Medical Problems, allergies, and medications (dosages): _____

Primary Care Physician: _____ Address/Phone #: _____